

Triumphs and Tragedies





Dr. Vinav Barhale, Consultant Psychiatrist

This book, written by a caregiver, helps understand the caregiver's role in helping a patient and at the same time, helping oneself also. The most important message which struck me is "do not hide the illness." Even after a tremendous pressure of dealing with schizophrenia of his wife, Dr. Wani showed a wonderful balance of responsibility of family, society and his job simultaneously. The book will be helpful to others facing a similar situation.

Dr. Wani is a role model for caregivers. The book falls in "A must read" category.

Readers' comments

very interesting and very well written amazing humanitarian work.	Brenda Rainnie, Dartmouth, Canada
interesting and inspiring recommended to my daughter, son, nieces and nephewsKumar Chugani, McAllen, TX, U.S.A.	
I finished reading your book in a single sitting. It made a compelling reading.	Shobha Shinde, Jalgaon, India
It is 11 pm now; whole day I was reading this wonderful journey.	Nilima Mishra, Bahadarpur, India
transparent, genuine and inspiring.	Vidyadhar Bapat, Pune, India
extremely interesting and immensely human.	Arvind Sardesai, Mumbai, India
inspiring and heart wrenching most honest and sincere expression of ones life story. Mehrun Nasrullah, Calgary, Canada	
It was absorbing totally composed attitude towards personal problems can only be admired.Ratnakar Ratnaparkhi Pune,	
an activist-philanthropist not a word invoking fatalistic reasoning.	Uday Gokhale, Dombivli, India
Very few in this world can do what you have achieved in the face of adversities.	Sunil Choubal, Saskatoon, Canada
ability to handle huge stress is unbelievable.	Anil Gore, Pune, India
I am indeed very touched by the book.	Venkitesh Krishnan, Chennai, India
When I started reading the book, couldn't keep it aside I got more and more involved I learned a lot. Rajani Kanteti, Chicago, USA	
It (book) really touched my heart and I am sure that it will do the same for many others. Rajanarayanan T., Bangalore, India	
I was enthralled & am overwhelmed by your various activities & achievements.	Dattatreya S. Bondale, Toronto, Canada

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